

# **Wingfoot XC Classic – Team Time Trial**

## **A Return to Safe and Responsible Racing**

In order to create a safe racing environment for all athletes, Atlanta Track Club is implementing the following safety measures. The following guidelines are expected to be followed by spectators, coaches and athletes who attend the Wingfoot XC Classic. Atlanta Track Club reserves the right deny admittance to anyone who does not comply with the guidelines below.

### **CHANGE IN FORMAT**

Teams will be competing in a team time trial with start waves beginning every 10 minutes. Each school will be assigned a start wave per 50 runners competing. This format has been chosen to limit the exposure of each athlete before, during and after competing

### **MASKS & SOCIAL DISTANCING**

**MASKS ARE TO BE WORN AT ALL TIMES.** This includes when in the team areas, cheering on the course, or running from the start area to the finish area. We will have sanitation stations spread throughout the venue and ask that all teams pack out all their trash from their areas. All participants and spectators are asked to respect the social distancing guidelines of 6ft when within the venue.

**Athletes** are expected to wear their masks at all times except when warming up and competing. Athletes are asked to warm up away from spectators and other schools, adhering to social distancing guidelines. Athletes should arrive to the start line wearing their masks, all spike bags and loose gear will be dropped into a bin labeled with their school name. That bin will be transported to the finish. Once the athlete crosses the finish line, they are expected to pick up their bag and place their mask on immediately.

## **HEALTH SCREENING**

### **Coaches and Athletes**

Coaches will receive a form on race week in order to confirm the health status of each athlete and coach attending the meet. This form must be turned in at the check in table prior to receiving a coaches packet.

### **Spectators**

Upon arrival, all spectators will be asked to:

- Pay \$10 cash for parking – exact change is mandatory
- Complete the health screening questionnaire the morning of the event, not before – linked below or use the QR code



**<https://rb.gy/78pdx1>**

- Put on their mask upon exiting their car
- Visit the health screening tent prior to entering the venue where they will have their temperature checked and receipt of health screening questionnaire verified
- Once all steps have been completed they will receive a wristband and be permitted to enter the venue

All participants, spectators and coaches who have been screened will receive a wristband to be worn at all times within the venue. Athlete wristbands are located in the coach's packets

## **LIMITED CONTACT SERVICES**

### **Coaches Packets**

Upon arrival please send one coach to the check in tent with your athlete's and coaches forms. Team packets will include:

- Race bib & timing tag
- Race schedule
- Course map
- Clif bars
- Safety pins
- Trash bags
- Wristbands
- Finish passes

### **Finish Services**

The finish chute will be divided into two separate lines. Each team will be instructed at the startline and on course whether they will finish to the left or to the right.

We are asking that all teams provide up to five team representatives to help their athletes in the finish chutes. This will allow us to limit the exposure of each athletes to coaches and parents on the team. The coach will designate these people with a pass from their coach's packet and they will report to the finish line 5 minutes before the start of their team's race. Race staff and volunteers are not permitted to touch athletes therefore your assistance is needed.

### **TEAM TENTS**

In order to ensure social distancing among teams, we have created specific team zones. You will find along with the race schedule specified arrival and departure times for your specific zone. These will ensure that the venue does not get too crowded and keeps you and your athletes at a safe distance from others.

We ask that all teams follow the schedule and pack out all their trash to help us prepare for the next teams.

### **SAFETY FIRST**

Atlanta Track Club is excited about the return to racing and want everyone to have fun and feel that much desired feeling of normalcy but we remind all that COVID-19 continues to be present in this community. Safety measures will be put in place to protect spectators, participants, staff and volunteers to the best of our abilities.

- Our staff and volunteers will be wearing face masks at all times
- All participants will be required to wear face masks while on site except while racing
- All spectators will have their temperature taken as they arrive on-site
- All participants, staff and volunteers must maintain a distance of at least 6' at all times while on site
- The venue will be set up in a way that guides participants from area to area in a safe manner. Each venue's footprint is sufficiently large enough to accommodate participants to enjoy outdoor activities while staying a safe distance from each other.
- Hand sanitizer stations will be deployed throughout the venue.
- Portable toilets will be available. Masks must be worn and hand sanitizing stations will be set up outside of toilets for use before entering and after exiting.
- No hugs, high fives or toe taps please but air hugs, air high fives and air toe taps are highly encouraged.
- Atlanta Track Club will use visual and verbal cues to remind those in attendance to keep a safe distance.

Lastly we ask that all participants and spectators observe social distancing measures that have been put in place when attending the event. This includes all areas except your team zone.

*Questionnaire QR Code and Link*



<https://rb.gy/78pdx1>